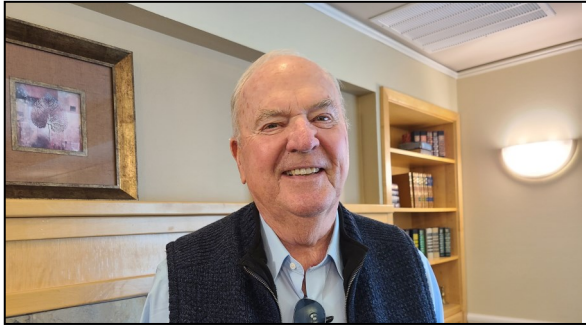


Resident Spotlight



Darrell

Darrell was born in Bellingham and raised in Bow. When he graduated, he went to the University of Washington. Darrell married the love of his life and they had two boys. He spent a total of nine years in the air force. Darrell continued his career by working for Wyerhaeuser for 40 years. Some of his hobbies include traveling and meeting new people. We are so pleased to have Darrell here at the Inn!

Team Member Spotlight



Sandra, Administrative Assistant

In her own words:

I'm from Virginia. I joined the army in 2016 and ended up in Washington in 2018. I spend my free time working on a variety of crafts, if I'm not taking care of my two boys. I have two dogs at home and a cat as well. I enjoy going out with my kids to see new parks and fun places to play!

Thank you for all you do, Sandra!

moments captured



Driver Cricket and her dog Murphy did some fall exploring at Gordon's Farm. They both enjoyed all the colors of the ever-changing fall leaves.



The baking group are enjoying the sweet treats they baked and Lorena, and Cindy stopped by to do a Christmas craft with the residents.



www.laconnerretirementinn.com

December 2024

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



In Our Words: My Favorite Memory of Christmas

Monte: "Receiving presents from Santa"

Al: "Driving around, looking at lights"

Sanda: "Spending it with my first born"

Lisa: "Receiving my barbie town house"



HAPPY Birthday

Residents

- Jerry, Dec. 5
- Molly, Dec. 10
- Geraldine, Dec. 10
- Carolyn, Dec. 14
- Elaine, Dec. 18
- John, Dec. 22
- Julie, Dec. 25
- Carol, Dec. 27
- Elizabeth, Dec. 31

Staff

- Mirea, Dec. 4
- Malyssah, Dec. 6
- Kristin, Dec. 11
- Justin, Dec. 18
- Debbie, Dec. 28
- Savannah, Dec. 29

DECEMBER 2024

La Conner Retirement Inn

• 204 N. 1st St., La Conner, WA 98257 •

360-466-5700

* Activities Subject to Change

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Mexican Train Scrabble 11:15 Stretch & Balance 1:00 B-Bopping Barn Drive BINGO 2:30 Tea & Talk with Kristin 3:30 Fireside Reading	2 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Fred Meyer 1:00 PO-KE-NO 2:00 Santa & Elf Visit 2:00 Santa Social with Santa Mocktails 3:00 Yahtzee	3 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:30 Music with Suzanne 2:00 Chat with Stacy 3:00 Mexican Train Black Jack	4 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:00 Bellis Fair Mall 10:30 Battle Ball 11:00 Manicures 3:00 Mexican Train Black Jack 6:00 Knitting Group	5 8:30 Coffee with Allie 9:30 Co-Op/ Grocery Outlet 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 11:00 Mexican Train 1:00 Bible Study with Kristin 2:00 Chat with Allie 3:00 Black Jack	6 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Happy Hour Salt Grass 6:00 Knitting Group	7 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Line Dancing Performance 3:00 Black Jack 4:00 Mexican Train
8 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Sacred Hearts Children Caroling 11:15 Stretch & Balance 1:00 B-Bopping Barn Drive BINGO 2:30 Tea & Talk with Kristin 3:30 Fireside Reading	9 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 2:30 Jack Frost Social 3:00 Black Jack Mexican Train 6:00 Discussion Night	10 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Short Drive 1:30 Resident Council 2:00 Chat with Sean 3:00 Mexican Train	11 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:00 Marysville Outlet Mall 10:30 Battle Ball 11:00 Christmas Craft 3:00 Mexican Train Black Jack Ugly Christmas Sweater Day	12 8:30 Coffee with Allie 9:30 Down Town Mount Vernon Shops 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Bible Study with Kristin 2:00 Jim Cannon Gospel Performance	13 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 1:30 Immaculate Conception Music Performance 3:00 Happy Hour Lee Howard	14 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Lights of Christmas Stanwood, Wash 4:00 Mexican Train
15 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Mexican Train 11:15 Stretch & Balance 1:00 Barn Trip 1:00 Heralding Christmas Skagit Valley Chorale 1:00 Mexican Train	16 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Jimmy's Pizza & Pasta 1:00 PO-KE-NO 2:30 Reindeer Social 3:00 Black Jack Mexican Train 6:00 Discussion Night	17 8:30 Coffee with Allie 9:00 Train Ride to Seattle With Lunch 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Christmas Craft 6:00 Festive Flute Concert	18 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures 1:00 Walmart 3:00 Mexican Train Black Jack 6:00 Knitting Group	19 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Bible Study with Kristin 2:00 Chat with Levi	20 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Old Time Fiddlers Merry, Mix, Mingle	21 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Friends and Family Christmas Dinner 1:00 Choir Concert 3:00 Black Jack
22 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Mexican Train Scrabble 11:15 Stretch & Balance 1:00 Sunday Drive BINGO 2:30 Tea & Talk with Kristin 3:30 Fireside Reading	23 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 2:30 Snowman Social 3:00 Black Jack Mexican Train 6:00 Discussion Night	24 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Christmas Trivia Packs 2:00 Chat W/Medical Team 3:00 Mexican Train Black Jack	25 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 1:00 Christmas Trivia 3:00 Mexican Train 6:00 Knitting Group	26 8:30 Coffee with Allie 9:30 Co-Op/ Grocery Outlet 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble Bible Study with Kristin 2:00 Black Jack	27 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Cassandra and James 6:00 Knitting Group	28 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
29 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Mexican Train Scrabble 11:15 Stretch & Balance 1:00 B-Bopping Barn Drive BINGO 2:30 Tea & Talk with Kristin 3:30 Fireside Reading	30 10:00 Thrift Store Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 2:30 New Year's Social 3:00 Black Jack 6:00 Discussion Night	31 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:30 New Year's Eve Toast 2:00 Chat with Sean 3:00 Mexican Train Black Jack 6:00 Knitting Group				



December 2024 upcoming events

Santa and Elf 2 at 2 PM

Sacred Heart Caroling 8th at 11 AM

Resident Council 10th at 1:30 PM

Marysville Outlet Mall 11th at 9:30 AM

Downtown Mount-Vernon Shopping 12th at 9:30 AM

Immaculate Conception Kids Music 13th at 1:30

Lights of Christmas 14th at 3 PM

Train Ride to Seattle 16th at 9 AM

Friends & Family Christmas Meal 21st at Noon



Our mission is to create and maintain comfortable, caring environments for those who depend on us.