

Resident Spotlight



Jim and Kathy

Jim and Kathy met in Denver on the ski slopes! After marrying, they spent time in Iowa where Jim went to school. He started off going into the medical field, but later switched to engineering. Kathy enjoyed working as a physical therapist. Eventually, they made their way permanently to the PNW and made a full life living on Lopez Island. They've built a beautiful family: three daughters, one son, six grandchildren, and one great-grandchild. We're so glad you're here!

Team Member Spotlight



Lorena

Lorena was born and raised in Mexico and California up until age 14 when her family relocated to Washington. Her grandmother enjoys her yearly visits. Lorena spends her time off cooking. Tamales are a favorite! She also spends time hiking and learned to love the trees from her mom. The Inn appreciates all you do, Lorena!

moments captured



Holiday Joy:

Bertha was one of many who enjoyed musical events at the Inn; especially the one that included family in the Sacred Hearts Children's Choir.



Santa and Crafting: Faye and Santa sharing smiles. Janette, Seanene, and Virginia joined forces and created a family of cookie reindeer at our Reindeer Social.

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LA CONNER RETIREMENT INN

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January 2025

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



A Note from the Executive Director



Stacy Boydston,
Executive Director

As we come to the close of this year, I want to take a moment to express my deepest gratitude to all of you—our residents and families. This year has been filled with so many wonderful moments, and it's been an absolute privilege to be part of this community.

To our residents, thank you for allowing us to be a part of your lives. Your strength, joy, and wisdom inspire us every day, and it's a true honor to care for you. You make this place feel like a family, and we are so grateful for the love and laughter you bring here.

To our families, we are deeply thankful for the trust you place in us. Your continued support and partnership mean the world, and we are committed to providing your loved ones with the best care possible. Together, we have created a place where everyone feels at home, safe, and valued.

As we look toward the new year, we are filled with hope and excitement. There are many more memories to be made, and we are thrilled to continue this journey with all of you. May the year ahead bring good health, happiness, and peace to each and every one of you!

Warmest Wishes, **Stacy**

HAPPY Birthday

Residents

- Bill, 1/1
- Janette, 1/3
- Deanna, 1/4
- Dorie, 1/8
- Mary Ann, 1/14
- Faye, 1/20
- Arlene, 1/27
- Dolores, 1/28
- Ron, 1/30
- Virginia, 1/31

Staff

- Allie, 1/9
- Cindi, 1/14

Happy *New Year* 2025

JANUARY 2025

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT
			1 NEW YEARS DAY 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures Mexican Train 12:00 Costco Lunch/Shop 3:00 Mexican Train 3:30 New Years Day Toast 6:00 Knitting Group	2 8:30 Coffee with Allie 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Wildland Fire Presentation 2:30 Chat with Allie 3:00 Choir Practice	3 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour 6:00 Knitting Group	4 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack
5 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch & Balance 11:45 This Week at the Inn 1:00 BINGO 2:30 Tea & Talk with Kristin 3:00 Fireside Reading 4:00 Mexican Train Scrabble	6 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 PO-KE-NO 2:30 Winter Wonder Social 3:30 Mexican Train 6:00 Discussion Night Knitting Group	7 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Operation Ornaments Craft for Charity 2:00 Chat with Stacy 3:00 Black Jack Mexican Train	8 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Jimmy's Lunch Out Mexican Train 2:30 Darts and Donuts Mexican Train 6:00 Knitting Group	9 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Bible Study with Kristin 2:00 Ribbon and Light Dancers 3:00 Choir Practice Mexican Train	10 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Esquires 6:00 Knitting Group	11 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures Mexican Train 3:00 Black Jack
12 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Scenic Drive w/Sack Lunch-Eagle Watch 11:15 Stretch & Balance 11:45 This Week at the Inn 1:00 BINGO 2:30 Tea & Talk with Kristin 3:00 Fireside Reading	13 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 PO-KE-NO 3:00 Black Jack 3:30 Mexican Train 6:00 Discussion Night Knitting Group	14 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:30 Ashley Sweeney Book Reading 3:00 Dress Up Your Dog Social w/Dog Treats Mexican Train	15 National Hat Day 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures Mexican Train 1:00 Fred Meyer 3:00 Mexican Train 3:30 Black Jack 6:00 Knitting Group	16 8:30 Coffee with Allie 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Bible Study with Kristin 2:00 Chat with Levi 3:00 Choir Practice Mexican Train	17 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Monte 6:00 Knitting Group	18 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack
19 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch & Balance 11:45 This Week at the Inn 1:00 BINGO 2:30 Tea & Talk with Kristin 3:00 Fireside Reading 4:00 Mexican Train Scrabble	20 Martin Luther King Jr. Day 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 PO-KE-NO 2:30 1920s-Style Social 3:30 Mexican Train 6:00 Discussion Night Knitting Group	21 Free Hugs All Day 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Resident Council 1:30 Chat with Sean 2:30 Darts and Donuts Mexican Train 6:00 Knitting Group	22 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Scenic Drive 3:00 Black Jack Mexican Train 6:00 Knitting Group	23 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Bible Study with Kristin 2:00 Winter Craft 3:00 Choir Practice Mexican Train 6:00 Knitting Group	24 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Lee Howard 6:00 Knitting Group	25 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures Mexican Train 3:00 Black Jack
26 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch & Balance 11:45 This Week at the Inn 1:00 BINGO 2:30 Tea & Talk with Kristin 3:00 Fireside Reading 4:00 Mexican Train Scrabble	27 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 PO-KE-NO 2:30 Fireside Chat Social 3:30 Mexican Train 6:00 Discussion Night Knitting Group	28 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Daisy Craft 2:30 Chat w/Medical Team 3:00 Black Jack Mexican Train 6:00 Knitting Group	29 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures Mexican Train 1:00 Walmart 3:00 Mexican Train 3:30 Black Jack 6:00 Knitting Group	30 8:30 Coffee with Allie 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 11:00 Scrabble Mexican Train 1:00 Bible Study with Kristin 3:00 Choir Practice Mexican Train 6:00 Knitting Group	31 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour 6:00 Knitting Group	



Wildland Fire Presentation
Thursday 1/2, 1 PM

Jimmy's Lunch Out
Wednesday 1/8, 11 AM

Eagle Watching Scenic Drive
Sunday 1/12, 11 AM

Ashley Sweeney Book Reading
Tuesday 1/14, 1:30 PM

Happy Hour with Lee Howard
Friday 1/24, 3 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.