

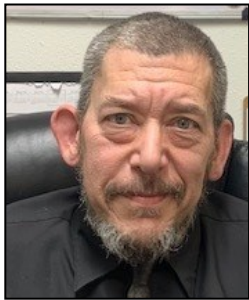
Resident Spotlight



Mary Ann

Mary Ann was born in Washington DC. Her home is here in Washington. She is the 4th generation of her family in Skagit County. She is a gifted knitter and photographer. In her career, she did bookkeeping , owned an office supply business, and worked for the Swin Tribe and Housing Authority. Mary Ann has done a lot of traveling. She visited Israel and worked at a children's orphanage in China. We are blessed to have her as a part of our La Conner family.

Team Member Spotlight



Mathew, Dining Services Director

A big welcome to our new Dining Services Director. Mathew is originally from Tacoma, Washington. He has traveled all over working in the culinary trade. He joins us with 40 years of experience and a passion for cooking and bringing joy to others. Mathew’s hobbies include off-roading and camping. He enjoys traveling. One of his favorite places he has visited is Maine. He found it was very similar to Washington with its beautiful beaches.

moments captured



Dorie is helping Stacy with our Teacup Gnome art project. Thanks for helping Dorie.



What a time the residents had at Paccar Technical Center. We all had a fantastic time creating our teacup gnomes, and what a turn out we had!

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May 2025

# The *Inn*side Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



A Note from the Executive Director

Dear Residents, Families, and Friends,



Stacy Boydston, Executive Director

May is bursting with activities, and we’re so excited to share them with you! From celebrating **Cinco de Mayo** and our special **Mother’s Day Tea**, to **scenic trips** to Baker Lake, Blanchard Mountain, beach walks, train trestle strolls, and beautiful drives, there’s something for everyone to enjoy.

We’ll also be honoring our heroes with a **Memorial Day Service at Pleasant Ridge**, a meaningful time to reflect and remember together.

And don’t miss our **first-ever in-house Art & Craft Show**—a special chance to celebrate the creativity of our amazing community. We can’t wait to spend this memorable month with you all! Warmly, Stacy



HAPPY Birthday





Residents


- Tim 5/4
- Maxine 5/9
- Mary 5/13
- Carol 5/16
- Mary Ann 5/22
- Ollie 5/30

Staff

- Stacy 5/7
- Inna 5/9



MAY 2025						
La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700						
SUN	MON	TUE	WED	THU	FRI	SAT
		 <small>Memorial Day: Remember &amp; Honor</small>		1 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 1:00 Bible Study 2:00 Chat with Allie 3:00 Choir Mexican Train 6:00 Knitting Group	2 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Salt Grass 4:00 Mexican Train 6:00 Knitting Group	3 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
4 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 1:00 -Sunday Scenic Drive -BINGO 2:30 Tea and Reading 3:30 Scrabble Mexican Train 6:00 Knitting Group	5 10:00 Baker Lake Box Lunch Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 POKENO 2:30 Cinco de Mayo Social 4:00 Scrabble Mexican Train 6:00 Discussion Night	6 8:30 Coffee with Allie 10:00 Legacy Writing Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group Mexican Train 1:00 Beach Walk 2:00 Darts and Donuts 3:00 Mexican Train 6:00 Knitting Group	7 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Manicures 1:00 Hydrangea Canvas Art 3:00 Scrabble Mexican Train 6:00 Knitting Group	8 8:30 Coffee with Allie 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 12:00 Lunch with Allie 1:00 -Bible Study -Walmart 2:00 Gospel Performance 3:00 Choir Mexican Train	9 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Monte 4:00 Mexican Train 6:00 Knitting Group	10 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:30 Mother's Day Tea 4:00 Mexican Train 6:00 Knitting Group
11 Mother's Day 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 1:00 -Skagit Valley Chorale Celebrating in Song -BINGO 2:00 Mother's Day Social 3:30 Mexican Train 6:00 Knitting Group	12 9:30 Thrift Store Shopping 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Scrabble Mexican Train 1:00 POKENO 2:30 Operation Ornaments 3:30 Mexican Train 6:00 Discussion Night 7:00 Knitting Group	13 8:30 Coffee with Allie 10:00 Legacy Writing Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group Mexican Train 1:30 Resident Council 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group	14 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Immaculate Conception School Performance 10:30 Coupeville Wharf Lunch 11:00 Mexican Train 1:00 Walk the Boardwalk 2:30 Welcome Tea	15 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 1:00 -Train Trestle Walk -Bible Study 2:00 In House Art and Craft Show 3:00 Choir	16 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Old Time Fiddlers 4:00 Mexican Train 6:00 Knitting Group	17 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
18 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:00 Sacred Heart's Children Visit and Sing 1:00 MONA—La Conner 2:30 Tea and Reading 4:00 Mexican Train 6:00 Knitting Group	19 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Blanchard Mountain Build-a-Lunch Mexican Train 1:00 Scrabble Mexican Train Activity Packets 6:00 Discussion Night 7:00 Knitting Group	20 8:30 Coffee with Allie 10:00 Legacy Writing Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group 1:00 Little Mountain Drive 1:30 Skagit Transit Talk 3:30 Scrabble Mexican Train 6:00 Knitting Group	21 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Double Barrell BBQ Lunch 2:30 Chat with Mathew 1:00 Mexican Train 2:00 Black Jack 6:00 Knitting Group	22 8:30 Coffee with Allie 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 1:00 -Charlie & The Chocolate Factory Evnt -Fred Meyer's 3:00 Choir	23 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Sisco Heights 4:00 Mexican Train 6:00 Knitting Group	24 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
25 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 1:00 -Sunday Scenic Drive -BINGO 2:30 Tea and Reading 3:30 Scrabble Mexican Train 6:00 Knitting Group	26 Memorial Day 9:00 Memorial Day Service Pleasant Ridge 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 POKENO 2:30 Memorial Day Social 4:00 Mexican Train 6:00 Discussion Night 7:00 Knitting Group	27 8:30 Coffee with Allie 10:00 Legacy Writing Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group Mexican Train 1:00 Spring Craft 2:00 Chat w/ Stacy & Sean 3:00 Black Jack 4:00 Mexican Train	28 Senior Health & Fitness Day 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Manicures 1:30 Chat w/ Medical Team 2:30 Health and Hydration Social 3:00 Darts and Donuts 4:00 Mexican Train	29 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 1:00 Bible Study 3:00 Choir Mexican Train 6:00 Knitting Group	30 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Country Jim 4:00 Mexican Train 6:00 Knitting Group	31 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group



LA CONNER  
RETIREMENT INN

May 2025

upcoming events

Mother's Day Tea

5/10 1 pm

Skagit Valley Chorale

Celebrating in Song

5/11 1 pm

Lunch on the Coupeville Wharf

5/14 10:30 am

Sacred Heart's Children

Visit and Sing

5/18 11 am

Charlie and the


Chocolate Factory Event

5/22 1 pm

Memorial Day Service at

Pleasant Ridge

5/26 9 am



Our mission is to create and maintain comfortable, caring environments for those who depend on us.