#### www.laconnerretirementinn.com



### **Patsy**

Patsy grew up in North East Missouri. She married and moved to Kansas City and had three children. Her husband got transferred to San Diego in 1965. She then moved to Los Angeles where she remained from 1965 to 2000. She retired from being a loan officer after 40 years. Patsy relocated to La Conner to be closer to her daughter. Some of her interests are quilting, reading, volunteering, plays, music, and most of all shopping.

## Team Member Spotlight



## Rick, Cook

Rick grew up in Clearwater, Florida. He has a lovely wife and three children they share together. He is a self taught cook, a fact that he takes great pride in. He has been in the industry for many years. Rick puts great effort in putting out delicious meals. BBQ's are one of the many things that he enjoys, along with landscaping. We are so happy to have him on our team.





The residents had such a wonderful time at Paccar Technical Center. The expressions on their faces says it all.





Barbara really enjoyed sitting in the sun and getting some fresh air. Carol was working hard on painting her bird house.





June 2025

# The *Inn*side Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



# A Note from the Executive Director

Dear Residents, Families, and Friends,

Welcome to June! We're excited to share that we have a month full of fun and engaging activities planned for everyone.



Stacy Boydston, Executive Director We're kicking things off with our Sunday Concert Series in Gilkey Square—a great way to enjoy music, sunshine, and community together.

One of our biggest highlights this month is our Annual Car Show on Saturday, June 14th from 11 AM to 1 PM, featuring a live performance by The Esquires! We'll be firing up the grill for a delicious BBQ, and we're thrilled to welcome the Kona Ice Truck to help us cool off with some sweet treats. You'll see some amazing classic and custom cars, and we'll wrap up the event with an exciting award ceremony to celebrate and honor

all of the incredible fathers in our community.

Be sure to check out our calendar for even more exciting opportunities this month, including a **trip to OSO**, **scenic drives**, and **fun shopping outings**. We look forward to a month filled with joy, laughter, and meaningful moments together. Thank you for being a part of our vibrant community! Warmly, Stacy

### Residents

• Judy M, June 5th

### Staff

Mathew, June 13th

| JUNE 202  | MON   | TUE   | WED   | THU  | FRI  | SAT  |
|---|---|---|---|--|--|--|
| Gardening Week Begins 0:00 Happy Hearts Fitness 0:30 Battle Ball 0:45 Communion Service 1:15 Stretch and Balance 1:00 BINGO 2:00 Summer Concert 3:00 Mexican Train Scrabble                         | 9:30 Anacortes Short Drive 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Scrabble Mexican Train 1:00 POKENO 2:00 Fly Swatter Volleyball 2:30 Rocky Road Social  | 8:30 Coffee with Allie Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group 1:00 Fred Myers 2:00 Darts and Donuts 3:00 Mexican Train 6:00 Knitting Group   | 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Manicures 11:00 Jimmy's Lunch Out 1:00 Resin Art Pictures 3:00 Scrabble                                      | 5 World Environment Day<br>8:30 Coffee with Allie<br>10:00 Happy Hearts Fitness<br>10:00 Spa Day with Jo<br>10:30 Battle Ball<br>12:00 Lunch with Allie<br>1:00 Bible Study<br>1:00 Scenic Drive<br>2:00 Chat with Allie | 6 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Old Time Fiddlers 4:00 Mexican Train                                   | 7 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 2:00 Under the Radar Quartet 3:00 Black Jack 4:00 Mexican Train  |
| World Oceans Day 9:30 Langly Drive 0:00 Happy Hearts Fitness 0:30 Battle Ball 0:45 Communion Service 1:15 Stretch and Balance 1:00 BINGO 2:00 Summer Concert 3:30 Mexican Train 6:00 Knitting Group | 9 Men's Health Week 9:30 Arlington Thrift shops 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Scrabble Mexican Train 1:00 POKENO 2:00 Fly Swatter Volleyball 2:30 Rhubarb Pie Social 6:00 Discussion Night                        | 10 Frosted Cookie Day 8:30 Coffee with Allie Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group Mexican Train 1:30 Resident Council 2:30 Gospel Performance 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group | Mexican Train  11 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Oak Harbor Gardens Box Lunch 11:00 Mexican Train 1:00 Walk the Boardwalk 2:30 Welcome Tea 6:00 Knitting Group | 3:00 Choir  12 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 1:00 Bible Study 3:00 Choir Mexican Train 6:00 Knitting Group                              | 6:00 Knitting Group  13 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Shep 4:00 Mexican Train 6:00 Knitting Group | 6:00 Knitting Group  14 Flag Day 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Car Show and BBQ Music Esquires 3:00 Black Jack 6:00 Knitting Group |
| 5 Father's Day 0:00 Happy Hearts Fitness 0:30 Battle Ball 0:45 Communion Service 1:15 Stretch and Balance 1:00 BINGO 2:00 Father's Day Social 3:30 Mexican Train 6:00 Knitting Group                | 16 9:30 Oso Loop and Lunch 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Scrabble 1:00 POKENO 2:00 Fly Swatter Volleyball 2:30 Veggies for Brain Health 6:00 Discussion Night   | 17 8:30 Coffee with Allie Happy Hearts Fitness 9:30 Anacortes Thrift Stores 10:30 Battle Ball 11:00 Garden Group 3:30 Scrabble Mexican Train 6:00 Knitting Group  | 18 Intl. Picnic Day 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Manicures 2:30 Chat with Mathew 1:00 Mexican Train 2:00 Black Jack 6:00 Knitting Group   | 19 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 12:00 Lunch with Allie 1:00 Bible Study 1:00 Walmart 3:00 Choir   | 20 Summer Begins 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Lee Howard 4:00 Mexican Train 6:00 Knitting Group       | 21 World Music Day 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 4:00 Knitting Group                   |
| 2 10:00 Happy Hearts Fitness 0:30 Battle Ball 0:45 Communion Service 1:00 Build A Lunch 1:00 BINGO 2:00 Summer Concert 3:30 Mexican Train 6:00 Knitting Group                                       | 9:30 Short Drive 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 PO-KE-NO 2:30 Hydration Social 2:00 Fly Swatter Volleyball 6:00 Discussion Night  | 24 Upcycling Day 8:30 Coffee with Allie Happy Hearts Fitness 10:30 Battle Ball 11:00 Garden Group Mexican Train 1:00 Upcycling Craft 2:00 Chat w/ Stacy & Sean 3:00 Black Jack  | 25 Senior Health & Fitness Day 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 11:00 Manicures 3:00 Darts and Donuts 4:00 Mexican Train                            | 26 8:30 Coffee with Allie Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 12:00 Lunch with Allie 3:00 Choir 6:00 Knitting Group   | 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Sisco Heights 4:00 Mexican Train 6:00 Knitting Group                     | 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Walk the Boardwalk 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group                             |
| 9 0:00 Happy Hearts Fitness 0:30 Battle Ball 0:45 Communion Service 1:00 Manicures 1:00 BINGO 1:00 Scenic Drive 2:00 Summer Concert 3:30 Mexican Train 6:00 Knitting Group                          | 9:30 Short Drive 10:00 Happy Hearts Fitness 10:30 Morning Walk 11:00 Mexican Train 1:00 POKENO 2:00 Chat w/ the Medical Team for Alzheimer's & Brain Awareness Month 2:30 Operation Ornaments 6:00 Discussion Night 7:00 Knitting Group | Smine.  |   |  | happy tathers (Pay)  |  |

