

Resident Spotlight



Mary

Born and raised in Everett, Mary had her first teaching assistant job in the Mukilteo School District. After that, she volunteered at Coupeville Hospital for 10 years. Mary lost her first husband, but continued her volunteer work. Bill, her now husband, lived 10 acres away. He lost his wife and had been alone for some time. He decided to go to the hospital and ask Mary on a date and the rest is history. Mary has 3 children, 24 grandchildren, several great grandchildren, and even more great-great-grandchildren. Her hobbies include gardening, anything to do with the beach, walking and reading.

Team Member Spotlight



Donna, Business Office Director

Donna was born in San Francisco and grew up in Lafayette, CA. She attended UC Riverside for two years then transferred to and graduated from UC Santa Barbara with a degree in Business Economics. Having a love for travel, she spent two months traveling Europe after graduation. Nantucket, Aruba, Tuscany, and/or the Amalfi Coast are on her travel wish list. Donna moved to Olympia, WA in 2000, and lived in Gig Harbor and Vancouver, before the Skagit Valley for her prior role as Administrator at Citipoint Church. She has a son, Ben, in Port Orchard, WA, along with their Border Collie, Poppy. Her brother and family live in Pueblo, CO, and extended family is in Finland, where her parents immigrated from in 1961. Donna enjoys decorating, reading historical fiction, time with friends, cards, visiting her son, and exploring the beautiful Pacific Northwest.



Kristin and Midge having a giggle together after Shark Week Social.



The residents really enjoyed getting together and upcycling books into bee-themed art. Lee entertained everyone with oldies, but goodies music with his harmonica.



A Note from the Executive Director

Dear Residents, Families, and Friends,



Stacy Boydston,
Executive Director

As we head into August, things are heating up—in more ways than one! We're kicking off the month with a trip to the Stanwood Fair and the La Conner Classic Boat and Car Show. We're also heading out to explore Fort Casey and Blanchard Mountain—perfect for our nature lovers.

For those who enjoy a little retail therapy, don't miss our outing to the Seattle Premier Mall. Our Monday Discussion Nights continue to grow, and this month we're honored to welcome a special guest—our very own Mayor Marna!

We've got a great lineup of entertainers for Happy Hour, and we'll be celebrating **Senior Day in the Park** together. Also coming up is our **Annual Garage Sale**, with all proceeds to support our amazing Resident Council. If you have any treasures to donate, please connect with Allie or Kristen. Here's to another fun-filled month!

Warmly, Stacy

www.laconnerretirementinn.com

August 2025

The Inside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700




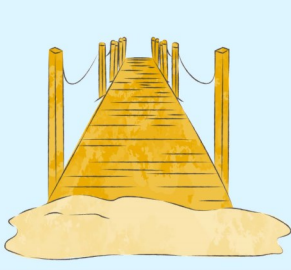


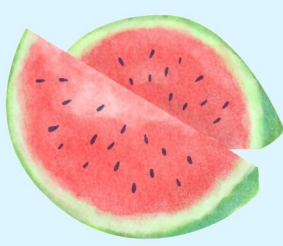
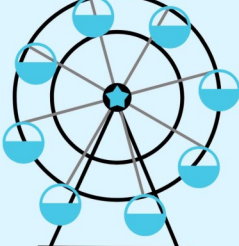

HAPPY Birthday

Residents

- Jim, 8/5
- Laura, 8/17
- Barbara, 8/18
- Jerry W, 8/23
- Marge H, 8/28

Staff

- Mary, 8/1
- Nicole, 8/12
- Itzel, 8/31

<div> <div>AUGUST 2025</div> <div>La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700</div> </div>						
SUN	MON	TUE	WED	THU	FRI	SAT
					<div>1</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:00 Stanwood Camano Fair</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Happy Hour Set-Up</div> <div>3:00 Happy Hour with Salt Grass</div>	<div>2</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Classic Boat/Car Show La Conner Marina</div> <div>1:00 Baking Group</div> <div>3:00 Black Jack</div> <div>4:00 Mexican Train</div> <div>6:00 Knitting Group</div>
<div>3</div> <div>9:20 Sacred Heart Drop-Off</div> <div>10:00 Happy Hearts Fitness</div> <div>10:45 Communion Service</div> <div>11:15 Stretch and Balance</div> <div>1:00 BINGO</div> <div>2:00 Watermelon Social</div> <div>4:00 Mexican Train</div> <div>6:00 Scrabble</div>	<div>4</div> <div>9:30 Scenic Drive</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>Scrabble</div> <div>1:00 POKENO</div> <div>4:00 Mexican Train</div> <div>6:30 Discussion Night</div>	<div>5</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Fred Meyer</div> <div>1:00 Resin Craft</div> <div>4:00 Mexican Train</div> <div>6:00 Knitting Group</div>	<div>6</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Writing Group</div> <div>Happy Hearts Fitness</div> <div>10:00 Seattle Premium Mall</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>11:00 Manicures</div> <div>2:00 Knitting Group</div>	<div>7</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Mexican Train</div> <div>10:30 Fort Casey Lunch</div> <div>2:00 Gospel Music w/ Pastor Jim Cannon</div> <div>3:00 Chat with Allie</div> <div>6:30 Karaoke</div>	<div>8</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Happy Hour Set-Up</div> <div>3:00 Happy Hour with Lee Howard</div> <div>6:00 Knitting Group</div>	<div>9</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>1:00 Manicures</div> <div>3:00 Black Jack</div> <div>4:00 Mexican Train</div> <div>6:00 Knitting Group</div>
<div>10</div> <div>9:20 Sacred Heart Drop-Off</div> <div>10:00 Happy Hearts Fitness</div> <div>10:45 Communion Service</div> <div>11:15 Stretch and Balance</div> <div>1:00 BINGO</div> <div>1:00 Scenic Drive</div> <div>2:30 Tea and Talk w/Kristin</div> <div>4:00 Mexican Train</div> <div>6:00 Scrabble</div>	<div>11</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>Scrabble</div> <div>1:30 Chat w/Mayor Marna</div> <div>4:00 Mexican Train</div> <div>6:30 Discussion Night</div>	<div>12</div> <div>8:00 Men's Breakfast</div> <div>8:30 Coffee with Kristin Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:30 Resident Council</div> <div>2:30 Craft</div> <div>6:00 Knitting Group</div>	<div>13</div> <div>8:30 Coffee with Kristin Bring your fur baby!</div> <div>10:00 Writing Group</div> <div>Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>11:00 Lucky Chopsticks Lunch</div> <div>2:00 Black Jack</div> <div>6:00 Knitting Group</div>	<div>14</div> <div>8:30 Coffee with Kristin Bring your fur baby!</div> <div>10:00 Happy Heart Fitness</div> <div>10:00 Spa Day With Jo</div> <div>12:00 All About Hearing</div> <div>1:00 Bible Study</div> <div>3:00 Mexican Train</div> <div>6:00 Knitting Group</div> <div>6:30 Karaoke</div>	<div>15</div> <div>8:30 Coffee with Kristin Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Happy Hour Set-Up</div> <div>3:00 Happy Hour with Old Time Fiddlers</div> <div>6:00 Knitting Group</div>	<div>16</div> <div>8:30 Coffee with Kristin Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>1:00 Walk the Boardwalk</div> <div>3:00 Black Jack</div> <div>4:00 Mexican Train</div> <div>6:00 Scrabble</div> <div>Knitting Group</div>
<div>17</div> <div>9:20 Sacred Heart Drop-Off</div> <div>10:00 Happy Hearts Fitness</div> <div>10:45 Communion Service</div> <div>11:15 Stretch and Balance</div> <div>1:00 Skagit City School Talk BINGO</div> <div>2:30 Tea and Talk w/Kristin</div> <div>4:00 Mexican Train</div>	<div>18</div> <div>9:30 Scenic Drive</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>Scrabble</div> <div>1:00 POKENO</div> <div>2:00 Chat W/ Medical Team</div> <div>2:30 Margarita Monday</div> <div>6:30 Discussion Night</div>	<div>19</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Walmart</div> <div>2:00 Chat with Stacy & Sean</div> <div>6:00 Knitting Group</div>	<div>20</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Writing Group</div> <div>Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>11:00 Manicures</div> <div>2:00 Chat with Mathew</div> <div>6:00 Knitting Group</div>	<div>21</div> <div>World Seniors' Day</div> <div>8:30 Coffee with Allie bring Your Fur Babies</div> <div>10:00 Happy Heart Fitness</div> <div>10:00 Senior Day at the Park</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Bible Study</div> <div>3:00 Black Jack</div> <div>6:30 Karaoke</div>	<div>22</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Happy Hour Set-Up</div> <div>3:00 Happy Hour with Sisco Heights</div> <div>6:00 Knitting Group</div>	<div>23</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Mexican Train</div> <div>1:00 Manicures</div> <div>3:00 Black Jack</div> <div>4:00 Mexican Train</div> <div>6:00 Knitting Group</div>
<div>24</div> <div>9:20 Sacred Heart Drop-Off</div> <div>10:00 Happy Hearts Fitness</div> <div>10:45 Communion Service</div> <div>11:15 Stretch and Balance</div> <div>1:00 BINGO</div> <div>2:00 Peach Pie Social</div> <div>4:00 Mexican Train</div> <div>6:00 Scrabble</div>	<div>25</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>11:00 Blanchard Mt box lunch</div> <div>11:00 Mexican Train</div> <div>Scrabble</div> <div>1:00 POKENO</div> <div>2:00 Operation Ornaments</div> <div>4:00 Mexican Train</div> <div>6:30 Discussion Night</div>	<div>26</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Happy Hearts Fitness</div> <div>10:30 Battle Ball</div> <div>11:00 Mexican Train</div> <div>1:00 Summer Craft</div> <div>6:00 Knitting Group</div>	<div>27</div> <div>8:30 Coffee with Allie Bring your fur baby!</div> <div>10:00 Writing Group</div> <div>Happy Hearts Fitness</div> <div>10:30 Morning Walk</div> <div>10:30 Angels of the Wind Casino</div> <div>11:00 Mexican Train</div> <div>6:00 Knitting Group</div>	<div>28</div> <div>8:30 Coffee with Allie bring Your fur babies</div> <div>10:00 Happy Heart Fitness</div> <div>Spa Day With Jo</div> <div>1:00 Bring up Garage Sale Items and Sort</div> <div>3:00 Mexican Train</div> <div>4:30 Ladies Night Out</div> <div>6:30 Karaoke</div>	<div>29</div> <div>9:00 GARAGE SALE</div> <div>10:00 Mexican Train</div> <div>In the dining room</div> <div>11:00 Scrabble</div> <div>1:00 Mexican Train</div> <div>3:00 Walk the Boardwalk</div> <div>6:00 Knitting Group</div>	<div>30</div> <div>9:00 GARAGE SALE</div> <div>10:00 Mexican Train</div> <div>In the dining room</div> <div>11:00 Scrabble</div> <div>1:00 Mexican Train</div> <div>3:00 Walk the Boardwalk</div> <div>6:00 Knitting Group</div>
<div>31</div> <div>9:20 Sacred Heart Drop-Off</div> <div>10:00 Happy Hearts Fitness</div> <div>10:45 Communion Service</div> <div>11:15 Stretch and Balance</div> <div>1:00 BINGO</div> <div>4:00 Mexican Train</div> <div>6:00 Scrabble</div>						



LA CONNER
RETIREMENT INN

August
2025

upcoming events

Stanwood Camano Fair

8/1 at 10 am

Seattle Premium
Outlet Mall

8/6 at 10 am

Tulalip

Fort Casey Lunch

8/7 at 10 am

Mayor Marna Speaking

8/11 at 1:30 pm

Activity Room

Senior Day at the Park

8/21 at 10 am

Maiben Park,
Burlington

Annual Garage Sale

8/29 & 8/30

From 9 am to 4 pm

Activity Room



Our mission is to create and maintain comfortable, caring environments for those who depend on us.