

Resident Spotlight



Carolyn

Carolyn was born in Knoxville, Tenn. Her father was in the service and they got transferred to San Diego, Calif. Carolyn did all of her schooling there, and college. She worked as a set designer for plays and advertising. She enjoys painting and sewing. We are glad you are here, Carolyn!

Team Member Spotlight



Stacy Boydston, Executive Dir.

Stacy has been a valued part of our community for the past eight years. She shares that she truly loves her job, the residents, their families, and the amazing staff she works alongside every day. Outside of work, Stacy enjoys spending time with her family, taking walks with her dog, Trigger, paddleboarding, camping, and being near the water. She is the proud mom of one son and one daughter who live close by, and she recently became a grandmother. Stacy says she can't say enough about the joy her granddaughter, Nova Jane, brings to everyone who knows her.

moments captured



Eagles and Senior Prom:

Residents have enjoyed scenic drives to spot eagles. So far they've seen more than 100!

The Senior Prom was a hit and Judy and Mike were voted Queen and King!



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February 2026

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



What is Your Favorite Valentine Memory?:

Janette—When her husband gave her the biggest box of chocolates she'd ever seen and a giant Valentines card!

Inna—Going out to dinner with her husband.

Carolyn—When her husband would cook a homemade dinner for her.

Pat H.—When she found where her mom was hiding all the chocolates!

Dave—When he brought candy and flowers home for his wife and her expression of surprise!

Elena—Going out to the Secret Cove for dinner.

HAPPY Birthday

Residents

- Jean, 2/7
- Jerry, 2/9
- Barbara, 2/12

Staff

- Cricket, 2/6
- Christine, 2/12
- Jared, 2/18
- Nathan, 2/23







FEBRUARY 2026

La Conner Retirement Inn

204 N. 1st St., La Conner, WA 98257

360-466-5700



SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>9:20 Sacred Heart Drop-Off 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 Sunday Drive BINGO 2:30 Anne of Green Gables Reading w/Kristin 4:00 Mexican Train 6:00 Knitting Group</p> 	<p>2</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train 1:00 POKENO Thrift Store Trip 2:30 Black Jack 4:00 Mexican Train 6:15 Presentation Night</p>	<p>3</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Fred Meyer Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p>	<p>4</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Mexican Train 11:00 Callen's Lunch Out in Coupeville 2:00 POKENO 4:00 Mexican Train 6:00 Knitting Group</p>	<p>5</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Bible Study w/Kristin 2:00 Chat with Allie 4:00 Mexican Train 6:30 Karaoke</p>	<p>6</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Monte 4:30 Mexican Train 6:00 Knitting Group</p>	<p>7</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 11:00 Manicures 1:30 Sweet Harmony 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group</p>
<p>8</p> <p>9:20 Sacred Heart Drop-Off 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 Sunday Drive BINGO 2:30 Anne of Green Gables Reading w/Kristin 4:00 Mexican Train 6:00 Knitting Group</p>	<p>9</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train 11:30 Coconut Kenny's Pizza Lunch Out 1:00 POKENO 2:30 Black Jack 4:00 Mexican Train 6:15 Presentation Night</p>	<p>10</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 12:30 All About Hearing 1:30 Resident Council 2:30 BINGO 4:00 Mexican Train 6:00 Knitting Group</p>	<p>11</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Mexican Train 1:30 Ballroom Dancing with Taylor 4:00 Mexican Train 6:00 Knitting Group</p> 	<p>12</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness Jo's Healing Hands 10:30 Mexican Train 1:00 Bible Study w/Kristin 2:00 Paint and Sip 4:00 Mexican Train 6:30 Karaoke</p>	<p>13</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Lee Howard 4:30 Mexican Train 6:00 Knitting Group</p>	<p>14 Valentine's Day</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Jewelry Cleaning 2:30 Valentine's Day Social 4:00 Mexican Train 6:00 Knitting Group</p> 
<p>15</p> <p>9:20 Sacred Heart Drop-Off 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 BINGO 2:30 Anne of Green Gables Reading w/Kristin 4:00 Mexican Train 6:00 Knitting Group</p> 	<p>16 President's Day</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train 1:00 POKENO 2:30 President's Day Social 4:00 Mexican Train 6:15 Presentation Night</p>	<p>17</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Framed Resin Project Scenic Drive 4:00 Mexican Train 6:00 Knitting Group</p>	<p>18 Ash Wednesday</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness Ash Wednesday with Chaplains Bob and Wendy 10:00 Men's Lunch Out and Blacksmithing w/Sean 2:00 Chat with Matthew 4:00 Mexican Train 6:00 Knitting Group</p>	<p>19</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 2:00 Jim Cannon Gospel Group 4:00 Mexican Train 6:30 Karaoke</p>	<p>20</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Old Time Fiddlers 4:30 Mexican Train 6:00 Knitting Group</p>	<p>21</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Welcome Tea 2:30 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p> 
<p>22</p> <p>9:20 Sacred Heart Drop-Off 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 BINGO 4:00 Mexican Train 6:00 Knitting Group</p>	<p>23</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train 1:00 POKENO 2:30 Chat with Medical Team 4:00 Mexican Train 6:15 Presentation Night</p>	<p>24</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 11:00 Costco with Lunch 1:30 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p>	<p>25</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Mexican Train 10:30 Trader Joe's with lunch in Bellingham 2:00 Chat with Stacy and Sean 4:00 Mexican Train 6:00 Knitting Group</p> 	<p>26</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness Jo's Healing Hands 10:30 Mexican Train 1:00 Bible Study w/Kristin 2:00 POKENO 4:00 Mexican Train 4:30 Ladies Night Out 6:30 Karaoke</p>	<p>27</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Rodger and George 4:30 Mexican Train 6:00 Knitting Group</p>	<p>28</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Baking Group 4:00 Mexican Train 6:00 Knitting Group</p>



February 2026

upcoming events

Callen's Lunch Out in Coupeville
Wednesday 2/4
11:00 a.m.

Sweet Harmony Music
Saturday 2/7
1:30 p.m.

Ballroom Dancing with Taylor
Wednesday 2/11
1:30 p.m.

Valentine's Day Social
Saturday 2/14
2:30 p.m.



Our mission is to create and maintain comfortable, caring environments for those who depend on us.