

## Resident Spotlight



We welcome Bertha to the Inn. She is a member of the cultural heritage program Alaska Native Voices that preserves wisdom and traditions of Alaska's Indigenous people, such as the Huna Tlingit. She served as a guide connecting past and present on cruise ships entering Glacier Bay. Also Bertha worked at Thrifty Mart Drug for 16 years. Her biggest hobby has been work. She loved her job. She has a daughter and two grandkids of whom she is very proud.

## Team Spotlight



We are pleased to introduce a wonderful Wellness Director at the Inn, Elena, who began her journey in Romania, where she studied Marketing and International Business at Dimitrie Cantemir Christian University. In 2002, she moved to the U.S. while staying closely connected with her family. She is the proud mother of two daughters and a loving grandmother to two grandsons, with a granddaughter on the way. Her family is her greatest joy and inspiration. She enjoys knitting, traveling, and staying informed about the world. Known for being organized and observant, she pays attention to the big picture and the small details. Her positive outlook and warm spirit are appreciated at the Inn.

# moments captured



**Valentine's Ballroom Dancing:** Having a ballroom dancing performance during Valentine's Day week is a tradition everyone enjoys! Mike danced with Charlotte and Maxine and Dolores had the best smiles!



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March 2026

# The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



## A Note from the Executive Director

Greetings Everyone,



Stacy Boydston,  
Executive Director

March is here, bringing fresh beginnings, fun, and a little Irish luck! We have a wonderful month planned with activities and events for everyone.

Join us for educational opportunities like **Skagit City School Talk**, *Rebels in the Wild*, and **Hospice 101**, or get moving with our **new Tai Chi class** to improve balance and relaxation. Book lovers won't want to miss **Book Club**, featuring the classic *Anne of Green Gables*.

Celebrate with us at the **Luck of the Irish St. Patrick's Day Social**, take in the sights on a **Ferry Trip to Port Townsend**, enjoy a refreshing **Bayview State Park Walk**, or relax and connect at **Happy Hour at Chuckanut Manor**. We're also excited for our **2nd Annual LCRI Arts & Craft Show**, showcasing the creativity and talents of our residents.

With so many opportunities to learn, explore, and celebrate together, March is shaping up to be a month full of joy and community spirit. Be sure to check our calendar for dates — you won't want to miss a single event!

Warm Regards, Stacy

## HAPPY Birthday

### Residents

- Glenn, 3/6
- Dave, 3/6
- Brad, 3/9
- John, 3/10
- Carolyn, 3/11
- Mary, 3/14
- Mike, 3/15
- Theresa, 3/22
- Pat, 3/29

### Staff

- Sarah, 3/26

# MARCH 2026

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT	
<b>1</b> 9:30 Sacred Heart Drop Off 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance <b>1:00 BINGO</b> <b>2:30 Anne of Green Gables Reading with Kristin</b> <b>3:00 Peanut Butter Pig Social</b> 6:00 Knitting Group	<b>2</b> 10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train <b>1:00 POKENO Scenic Drive</b> <b>2:30 Banana Cream Pie Social</b> <b>6:15 Presentation Night</b>	<b>3</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> 11:00 Mexican Train <b>1:00 Golf Card Game Fred Meyer Trip</b> <b>6:00 Game Night</b>	<b>4</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>9:30 Hibulb Cultural Center and Lunch Out</b> <b>10:00 Writing Group</b> Happy Hearts Fitness <b>11:00 Manicures</b> 4:00 Mexican Train 6:00 Knitting Group	<b>5</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness 10:30 Mexican Train <b>1:00 Mount Vernon Food Co-Op/Downtown MV Bible Study with Kristin</b> <b>6:30 Karaoke</b>	<b>6</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>1:00 Happy Hour Set-Up</b> <b>3:00 Happy Hour with Lee Howard</b> 4:00 Mexican Train 6:00 Knitting Group	<b>7</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>1:00 Golf Card Game</b> 4:00 Mexican Train <b>6:00 Game Night</b>	
<b>8</b> 10:00 Happy Hearts Fitness <b>10:15 Samish Island Chapel Church Service Trip</b> 10:45 Communion Service 11:15 Stretch and Balance <b>1:00 BINGO</b> <b>2:30 Anne of Green Gables Reading with Kristin</b> 4:00 Mexican Train	<b>9</b> <b>9:30 Scenic Drive</b> 10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train <b>1:00 Paint with Kristin POKENO</b> <b>2:00 Tai Chi</b> <b>6:15 Presentation Night</b>	<b>10</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> 11:00 Mexican Train 12:30 All About Hearing <b>1:30 Resident Council</b> <b>6:00 Game Night</b>	<b>11</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>10:00 Writing Group</b> Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>2:00 2nd Annual LCRI Arts and Crafts Show</b> 4:00 Mexican Train 6:00 Knitting Group	<b>12</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>10:00 Jo's Healing Hands</b> Happy Hearts Fitness 10:30 Mexican Train <b>1:00 Bible Study with Kristin</b> <b>3:00 Karaoke Happy Hour</b>	<b>13</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>1:00 Happy Hour Set-Up</b> <b>3:00 Happy Hour with Salt Grass</b> 4:00 Mexican Train 6:00 Knitting Group	<b>14</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>1:00 Manicures</b> <b>3:00 Black Jack</b> 4:00 Mexican Train <b>6:00 Game Night</b>	
<b>15</b> 9:30 Sacred Heart Drop Off 10:00 Happy Hearts Fitness <b>10:30 Scenic Drive</b> 10:45 Communion Service 11:15 Stretch and Balance <b>1:00 Skagit City School Talk Rebels in the Wild BINGO</b> <b>2:30 Anne of Green Gables Reading with Kristin</b>	<b>16 Wellderly Week</b> 10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train <b>11:30 Chuckanut Happy Hour Lunch Out</b> <b>1:00 POKENO</b> 2:30 Black Jack <b>6:15 Presentation Night</b>	<b>17 St. Patrick's Day</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> 11:00 Mexican Train <b>1:00 Walmart Trip</b> <b>2:00 Luck of the Irish Social</b> <b>6:00 Game Night</b>	<b>18</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>10:00 Writing Group</b> Happy Hearts Fitness <b>11:00 Manicures</b> <b>1:00 POKENO</b> 4:00 Mexican Train 6:00 Knitting Group	<b>19</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Hobby Lobby and KFC Lunch Out</b> <b>1:00 Bible Study with Kristin</b> <b>2:00 Pastor Jim and Friends Gospel Singing</b> <b>6:30 Karaoke</b>	<b>20</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>1:00 Happy Hour Set-Up</b> <b>3:00 Happy Hour with Old Time Fiddlers</b> 4:00 Mexican Train 6:00 Knitting Group	<b>21</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>1:00 Baking Group</b> 4:00 Mexican Train <b>6:00 Game Night</b>	
<b>22</b> <b>9:45 Edison Lutheran Church Service Trip</b> 10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance <b>1:00 BINGO</b> <b>2:30 Anne of Green Gables Reading with Kristin</b> 4:00 Mexican Train 6:00 Knitting Group	<b>23</b> 10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train <b>1:00 POKENO Scenic Drive</b> <b>2:30 Chia Seed Pudding Tasting</b> <b>6:15 Presentation Night</b>	<b>24</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> 11:00 Mexican Train <b>1:00 Golf Card Game Costco Trip</b> <b>6:00 Game Night</b>	<b>25</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>8:45 Port Townsend Trip</b> <b>10:00 Writing Group</b> Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>1:00 BINGO</b> 4:00 Mexican Train 6:00 Knitting Group	<b>26</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> <b>10:00 Jo's Healing Hands</b> Happy Hearts Fitness 10:30 Mexican Train <b>1:00 Mt. Vernon Food Co-Op Trip/Downtown MV Bible Study with Kristin</b> <b>4:30 Ladies Night Out</b> <b>6:30 Karaoke</b>	<b>27</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>1:00 Happy Hour Set-Up</b> <b>3:00 Happy Hour with Rodger and George</b> 4:00 Mexican Train 6:00 Knitting Group	<b>28</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> <b>1:00 Manicures</b> <b>2:00 Golf Card Game</b> 4:00 Mexican Train <b>6:00 Game Night</b>	
<b>29</b> 9:30 Sacred Heart Drop Off 10:00 Happy Hearts Fitness <b>10:30 Scenic Drive</b> 10:45 Communion Service 11:15 Stretch and Balance <b>1:00 BINGO</b> <b>2:30 Anne of Green Gables Reading with Kristin</b> 4:00 Mexican Train 6:00 Knitting Group	<b>30</b> 10:00 Happy Hearts Fitness 10:30 Scrabble Mexican Train <b>1:00 POKENO Bay View State Park Walk</b> 2:30 Black Jack <b>6:15 Presentation Night</b>	<b>31</b> <b>8:30 Coffee with Allie Bring your fur baby!</b> 10:00 Happy Hearts Fitness <b>10:30 Battle Ball</b> 11:00 Mexican Train <b>1:30 Hospice 101</b> <b>6:00 Game Night</b>	<b>GAME NIGHT</b> Grab some friends and pick a game to play together:  <b>Scrabble</b> <b>Cards—Golf or Black Jack</b> <b>Yahtzee</b> <b>Chinese Checkers</b>  <b>Or bring one to share!</b>				



LA CONNER RETIREMENT INN

## March 2026

upcoming events

March 4 at 9:30 am  
Hibulb Cultural Center and Lunch Out

March 8 at 10:15 am  
Samish Island Chapel Church Service Trip

March 11 at 2 pm  
Inn Arts & Crafts Show

March 15 at 1 pm  
Skagit City School Talk Rebels in the Wild

March 17 at 2 pm  
Luck of the Irish Social

March 22 at 9:45 am  
Edison Lutheran Church Service Trip

March 25 at 8:45 am  
Port Townsend Trip

Happy Hour Performers  
March 6: Lee Howard  
March 13: Salt Grass  
March 20: Old Time Fiddlers

March 27: Rodger & George



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*