

Resident Spotlight



John

John came to La Conner from Anacortes. Prior to that, he lived out on the San Juan Islands where he and his wife had 16 miniature horses. They would travel to different places to show them off. He spent 20 years in the military where he learned a lot of different things.

We are so glad you are here, John!

Team Member Spotlight



Erma, Housekeeper

Erma was born, raised, and lived most of her life in Texas. She has been up here in the PNW for six years. Erma appreciates the lower humidity and temperatures here, but misses all her family - and especially her five grandbabies still in Texas. She loves to cook, particularly enchiladas and menudo. We appreciate you, Erma!

moments captured



Roosengaarde and Easter: Ginny, Carolyn, Chris, Mary, Patsy, and Carol enjoyed the colorful tulips at Roosengaarde.

Dave and his great-grandchildren loved spending time together on Easter.



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May 2026

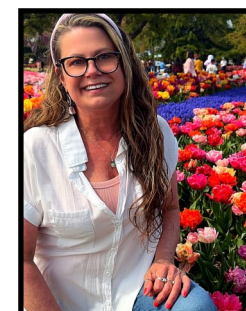
The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



A Note from the Executive Director

Greetings Everyone,



**Stacy Boydston,
Executive Director**

May is here, bringing warmer weather, longer days, and the beauty of tulips and flowers in full bloom. It's the perfect time to enjoy the fresh air and everything our community has to offer.

Join us as we celebrate Cinco de Mayo with fun and festivities, and honor the special women in our lives at our Mother's Day Tea. We're also excited to welcome our newest residents, John, Linda and Tom. Please take a moment to say hello and help them feel at home.

This month, we have a wonderful variety of activities planned, including a performance at MacIntyre Hall with the Skagit Valley Chorale, a strawberry shortcake outing, scenic drives, our educational series, book club, Tai Chi, and relaxing walks along the boardwalk—there's truly something for everyone.

As Memorial Day approaches, we will gather for a special social to honor and remember those who have served our country.

Here's to a beautiful May filled with sunshine, connection, and community!

Warmest Regards, Stacy

HAPPY Birthday

Residents




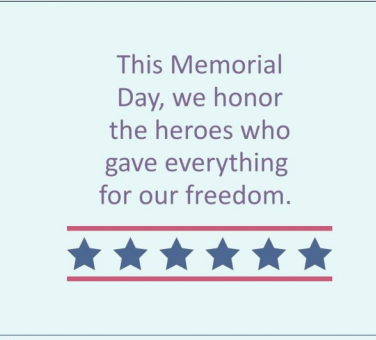
- Tim, 5/4
- Maxine, 5/9
- Mary, 5/13
- Phyllis, 5/13
- Mary Ann, 5/22

Staff

- Stacy, 5/7
- Inna, 5/9
- Carly, 5/23

MAY 2026

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|---|---|--|---|---|
|  |  |  |  |  | | |
| <p>3</p> <p>10:00 Happy Hearts Fitness 10:15 Samish Island Memorial Chapel 10:45 Communion Service 11:15 Stretch and Balance 1:00 BINGO 2:30 Anne of Green Gables Reading with Kristin 3:30 Mexican Train</p> | <p>4</p> <p>10:00 Happy Hearts Fitness 10:30 Scenic Drive 10:30 Scrabble 1:00 POKENO Paint with Kristin 4:00 Mexican Train 6:00 After Dinner Walk</p> | <p>5</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Fred Meyer 2:00 Cinco De Mayo Social 4:00 Mexican Train 6:00 Game Night</p> | <p>6</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 1:00 Craft 4:00 Mexican Train 6:00 Knitting Group</p> | <p>7</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Jo's Healing Hands Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study Mt Vernon Co-Op 2:00 Chat with Allie 4:00 Mexican Train 6:00 Game Night</p> | <p>1</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with PJ and Dave Richardson 6:00 Knitting Group</p> | <p>2</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 2:30 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p> |
| <p>10</p> <p>Mother's Day & Women's Health Week 10:00 Scenic Drive Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 Skagit Valley Chorale 3:30 Mexican Train</p> | <p>11</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble 12:00 Chuckanut Happy Hour Lunch 1:00 POKENO 2:00 Tai Chi 2:30 Iced Tea on the Patio 3:00 Choir Practice 6:00 After Dinner Walk</p> | <p>12</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Resident Council 3:00 Mexican Train 6:00 Game Night</p> | <p>13</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 11:00 Manicures 1:00 Walmart 2:00 Chat w/Stacy and Sean 4:00 Mexican Train 6:00 Knitting Group</p> | <p>14</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study 2:00 Golf Card Game 4:00 Mexican Train 4:30 Ladies Night Out</p> | <p>15</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Old Time Fiddlers 6:00 Knitting Group</p> | <p>16</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 2:00 Remembering Elizabeth 4:00 Mexican Train 6:00 Game Night</p> |
| <p>17</p> <p>10:00 Happy Hearts Fitness 10:45 Communion Service 11:15 Stretch and Balance 1:00 Skagit City School Talk Dr. Jesse Kennedy BINGO 2:30 Cherry Cobbler Social 3:30 Mexican Train</p> | <p>18</p> <p>10:00 Happy Hearts Fitness 10:30 Scrabble 1:00 POKENO Scenic Drive 3:00 Black Jack 4:00 Mexican Train 6:00 After Dinner Walk</p> | <p>19</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 2:00 Singing with Suzanne 4:00 Mexican Train 6:00 Game Night</p> | <p>20</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 1:00 Strawberry Shortcake Trip 2:00 Chat with Matthew 4:00 Mexican Train 6:00 Knitting Group</p> | <p>21</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Jo's Healing Hands Happy Hearts Fitness 10:30 Battle Ball 1:00 Mt Vernon Co-Op POKENO 6:00 Game Night</p> | <p>22</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour 6:00 Knitting Group</p> | <p>23</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p> |
| <p>24</p> <p>10:00 Scenic Drive Happy Hearts Fitness 11:15 Stretch & Balance 1:00 BINGO 3:30 Mexican Train 6:00 Knitting Group</p> | <p>25</p> <p>Memorial Day 10:00 Happy Hearts Fitness 10:30 Scrabble 1:00 POKENO 2:30 Memorial Day Social 4:00 Mexican Train 6:00 After Dinner Walk</p> | <p>26</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 BINGO 4:00 Mexican Train 6:00 Game Night</p> | <p>27</p> <p>Senior Health & Fitness Day 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 11:00 Manicures 1:00 Health and Fitness Talk With Medical Team 4:00 Mexican Train 6:00 Knitting Group</p> | <p>28</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Craft 4:00 Mexican Train 6:00 Game Night</p> | <p>29</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Jim Wolf 6:00 Knitting Group</p> | <p>30</p> <p>8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 2:30 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p> |
| <p>31</p> <p>10:00 Happy Hearts Fitness Scenic Drive 11:15 Stretch & Balance 1:00 BINGO 3:30 Mexican Train 6:00 Knitting Group</p> | | | | | | |



May 2026 upcoming events

Mother's Day Tea
Saturday 5/9
 2 pm

Skagit Valley Chorale
Sunday 5/10
 1 pm

Skagit City School
Talk
Sunday 5/17
 1 pm

Memorial Day Social
Monday 5/25
 2:30 pm



Our mission is to create and maintain comfortable, caring environments for those who depend on us.