

Resident Spotlight



Stella

Stella came to the Inn three and a half years ago at eight weeks old. She learned her roll as a therapy dog. She visits the residents who can't get out much and the ones who just need some extra tender loving care. Stella has a very laid back personality and is very gentle. Thank you Stella for your ongoing service here at the Inn.

Team Member Spotlight



Laurie, Life Enrichment Assistant

Laurie was born in Seattle and raised in Lethbridge, Alberta Canada. She moved back to the PNW 15 years ago to Bay View. She has been married for 35+ years and has two beautiful daughters and two rescue chiweenies.

She loves swimming in the ocean, campfires, nature, music, baking, and spending time with her family. She loves all ethnic foods and learning about different cultures.

We are so Happy to have you are here.

She's looking forward to her new position at the La Conner Retirement Inn, and enhancing the lives of all the residents.



Grateful for the moments, the memories, and the people who make life beautiful. Thank you Salt Grass Band for putting smiles on Tim, Nancy, Charlie and Bertha's faces. They enjoyed every note and song you sang.



www.laconnerretirementinn.com

July 2026

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



A Note from the Executive Director



Stacy Boydston, Executive Director

Dear Residents, Families, and Friends,

Welcome to July! As we celebrate America's **250th anniversary**, we look forward to a month filled with fun, friendship, and exciting adventures.

This month features some of our favorite annual traditions, including our **All-You-Can-Eat Crab Cruise**, a **train ride to Bellingham** for shopping and lunch, our festive **Red, White & Blue Social**, and the famous **La Conner 4th of July Parade**. We'll also continue our popular **beach outings** and **Skagit City School lectures**, providing opportunities to learn, explore, and enjoy the beauty of our community. We are especially excited to host a special presentation by **Jean, our local librarian**, who always brings interesting stories and knowledge to share.

A very special welcome goes out to our newest residents, **Tom, Joan, Jerry, and Sharon**. We are delighted that you have chosen to make La Conner Retirement Inn your home. We welcome you not only to our community but to our family, and we look forward to getting to know you and sharing many wonderful memories together.

With so many activities, outings, and special events planned, there is truly something for everyone. Be sure to check the monthly calendar so you don't miss any of the fun! Wishing everyone a safe, happy, and memorable July filled with laughter, friendship, and celebration.

HAPPY Birthday

Residents




- Monte, July 5
- Al, July 6
- Betty Ann, July 13
- Carol, July 19
- Jean, July 21
- Tom, July 23
- Jackie, July 24
- Jo, July 28
- Doug, July 31

Staff

- Kathy, July 4
- Lorena, July 12
- Jenny, July 13

JULY 2026

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SUN	MON	TUE	WED	THU	FRI	SAT
			<p>1 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Guess Who I am 1:00 BINGO Strawberry Short Cake Trip Out</p>	<p>2 8:30 Coffee with Allie Bring your fur baby! 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study with Judy Mt Vernon Co-Op 2:00 Chat with Allie 4:00 Mexican Train</p>	<p>3 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour Red, White, And Blue Social with Live Music Jim Wolf Playing.</p>	<p>4 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 12:00 Parade 2:00 Golf Card Game 5:00 Food Vendors, Beer & Wine Gardens, Music 10:00 Spectacular Fireworks Show</p>
<p>5 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 BINGO 2:30 Iced Tea on the Patio 4:00 Mexican Train 6:00 Knitting Group</p>	<p>6 10:00 Happy Hearts Fitness 10:30 Walk The Boardwalk 1:00 POKENO 2:30 Iced Tea on the Patio 4:00 Mexican Train 6:00 After Dinner Walk</p>	<p>7 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Fred Meyer 2:00 Jean from the Library 4:00 Mexican Train 6:00 Game Night</p>	<p>8 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Morning Walk 1:00 Walmart 1:30 Shut The Box Dice 2:00 Chat with Stacy 4:00 Mexican Train</p>	<p>9 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 12:30 All About Hearing 1:00 Bible Study with Judy 2:00 Golf Card Game 4:00 Mexican Train 6:00 Knitting Group</p>	<p>10 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Lee Howard 6:00 Knitting Group</p>	<p>11 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Grocery outlet 3:00 Black Jack 4:00 Mexican Train 6:00 Game Night</p>
<p>12 10:00 Happy Hearts Fitness 10:15 Samish Island Church 10:30 Battle Ball 1:00 BINGO 1:00 Skagit City Lecture 2:30 Po-Ke No 4:00 Mexican Train 6:00 Knitting Group</p>	<p>13 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 POKENO Scenic Drive 2:00 Tai Chi Manicures 3:00 Sing-a-Long with Kat Shut The Door Dice</p>	<p>14 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Resident Council 3:00 Black Jack 4:00 Mexican Train 6:00 Game Night</p>	<p>15 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness YMCA Swim for a Day 11:00 Manicures 1:00 Scenic Drive W/ SB 2:00 Chat with Kelly</p>	<p>16 8:30 Coffee with Allie Bring your fur baby! 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study with Judy Mt Vernon Walmart 4:00 Mexican Train</p>	<p>17 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with Country Jim</p>	<p>18 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Fidalgo Bay Hunt For Shells & Driftwood 2:00 Welcome Tea 4:00 Mexican Train 6:00 Game Night</p>
<p>19 10:00 Happy Hearts Fitness Scenic Drive 10:30 Battle Ball 1:00 BINGO 2:30 PO-KE-NO 4:00 Mexican Train 6:00 Knitting Group</p>	<p>20 10:00 Happy Hearts Fitness Scenic Drive 10:30 Scrabble 12:00 Chuckanut Happy Hour 1:00 POKENO 2:30 Manicures 4:00 Mexican Train 6:00 After Dinner Walk</p>	<p>21 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Goodwill Thrift Shop 2:00 Shut The Box Dice 4:00 Mexican Train 6:00 Game Night</p>	<p>22 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 1:00 Scenic Drive W/ SB 1:00 POKENO 2:00 Craft 4:00 Mexican Train 6:00 Knitting Group</p>	<p>23 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Battle Ball 12:30 Lunch Crab Cruise 1:00 Bible Study with Judy 4:30 Ladies Night Out</p>	<p>24 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:30 Mexican Train 1:00 Happy Hour Set-Up 3:00 Happy Hour with PJ and Dave 6:00 Knitting Group</p>	<p>25 8:30 Coffee with Allie Bring your fur baby! 9:30 Northern State Public History Day 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 2:30 Golf Card Game 6:00 Game Night</p>
<p>26 10:00 Happy Hearts Fitness 11:00 Samish Island Church And Potluck 10:30 Battle Ball 1:00 BINGO 2:30 Iced Tea on the Patio 4:00 Mexican Train 6:00 Knitting Group</p>	<p>27 10:00 Happy Hearts Fitness Scenic Drive 10:30 Scrabble 1:00 POKENO 2:00 Chat w/Medical Team 3:00 Hydration Social 4:00 Mexican Train 6:00 After Dinner Walk</p>	<p>28 8:30 Coffee with Allie Bring your fur baby! 9:00 Amtrac to Bellingham Shopping and Lunch 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Show and Tell 3:00 Black Jack 6:00 Game Night</p>	<p>29 8:30 Coffee with Allie Bring your fur baby! 10:00 Writing Group Happy Hearts Fitness 10:30 Whatcom County Drive And Lunch Out 1:00 POKENO 2:00 Craft 4:00 Mexican Train</p>	<p>30 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:00 Spa With Jo 1:00 Bible Study with Judy 2:00 Gospel Music with Pastor Jim and Friends 3:00 Black Jack</p>	<p>31 8:30 Coffee with Allie Bring your fur baby! 10:00 Happy Hearts Fitness 10:00 Mexican Train Quil Show at The Museum & Lunch 1:00 Happy Hour Set-Up 3:00 Happy Hour with Old Time Fiddlers</p>	



July 2026 upcoming events

YMCA
Date 7/15
Time 9:30 am

Crab Lunch Cruise
Date 7/23
Time 12:30 pm

**Northern State
History Day**
Date 7/25
Time 9:30 am

**Amtrac Train to
Bellingham for Lunch
and Shopping**
Date 7/28
Time 9 am



Our mission is to create and maintain comfortable, caring environments for those who depend on us.