

Resident Spotlight - Stephen

Stephen was born and raised in California. Stephen earned degrees from the University of London and Stanford. He taught history and worked in real estate, where he met his wife, Sheri. A playwright, art reviewer, and abstract painter, Stephen also enjoys boating and water sports, and we're delighted to have him as part of our community!



Team Member Spotlight - Kellie

Kellie has been cooking for 30 years, beginning at age 10 alongside her father and grandfather at Slocum's Landing in Anacortes. She loves baking birthday cakes for the staff and residents at the Inn. Kellie enjoys life with her husband, Jason, and their two sons. Come visit and enjoy something delicious!

The Month In Moments: Smiles, Celebrations, & Connections Shared!







A Fresh Look, More Connection!

You may notice a fresh look to our newsletter and calendar this month! We've introduced TSO Life, a new tool to support our Life Enrichment program and strengthen communication with residents and families. As our team learns the technology and gradually incorporates it into our planning, our focus remains on meaningful experiences, personal connections, and keeping you informed. We'll share more information and resources over the coming months. Thank you for your patience as we learn and make thoughtful updates along the way!

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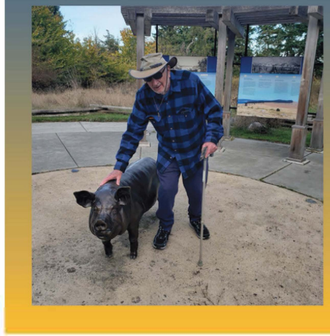
Birthday Celebrations!

Residents
- Joan M, November 5th
- Grace H, November 11th
- Sharon, November 17th
- Diane F, November 21st

Team Members
- Minerva, November 9th
- Daria, November 29th

Top: Dorie & Patsy.
Below: John B & **"Kaiser Wil-Ham," t**he Berkshire boar with a potato in its mouth, commemorating the 1859 Pig War.





Recent Happenings At The Inn

At Top Left is Judith, better known as our very own Marilyn Monroe. At Bottom Right, Faye shines on the red carpet in her beautiful cedar hat at our Hollywood Halloween Celebration where everyone was a star. Residents and friends enjoyed hors d'oeuvres, festive spirits, and dressed in their Hollywood best. To top it all off, everyone created their own adorable banana-themed masterpieces, adding even more fun to this star-studded event.





Monthly Message



Happy Fall!
November is one of my favorite times of the year because it reminds us how much we have to be thankful for. I'm so grateful to be part of this wonderful community and to share special moments with all of you.
Please join us for our **Friends & Family Thanksgiving on Saturday, November 21, from Noon to 2 PM!**
We look forward to gathering with our residents and loved ones for an afternoon filled with warmth, laughter, and gratitude.

Wishing you all a beautiful November filled with love and time with those who matter most.

With gratitude,
Stacy

November 2026

La Conner Retirement Inn | Assisted Living & Independent Living

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - BINGO 2:30 PM - Calzone Day Social 4:00 PM - Game Night 4:00 PM - Mexican Train 4:00 PM - Black Jack 6:00 PM - Game Night	**02** 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - POKENO 2:30 PM - Manicures 4:00 PM - Mexican Train 6:00 PM - Discussion Night	**03** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Sing Along with Suzanne 4:00 PM - Mexican Train 6:00 PM - Golf	**04** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Writing Group (PD) 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Shopping at Co-Op 2:00 PM - Resident Safety & Training with Shane 3:00 PM - Blackjack 6:00 PM - Vist by the Fire	**05** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Spa Day with Jo 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Bible Study with Judy 2:00 PM - Chat with Allie 3:00 PM - Jewelry Cleaning 6:00 PM - Game Night	**06** **Trigger's 10th Birthday** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Mexican Train 10:30 AM - Balance 1:00 PM - Happy Hour Set-Up 3:00 PM - Happy Hour with Jim Wolfe 6:00 PM - Bridge	**07** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Origami Demonstration with Mike Berry 4:00 PM - Scrabble 6:00 PM - Game Night
08 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - BINGO 2:30 PM - Cappuccino Day Social 4:00 PM - Mexican Train 4:00 PM - Game Night 6:00 PM - Game Night	**09** 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - POKENO 2:30 PM - Manicures 4:00 PM - Mexican Train 6:00 PM - Discussion Night	**10** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:15 PM - Resident Council 4:00 PM - Mexican Train 6:00 PM - Golf	**11** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Writing Group (PD) 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Veterans Day Celebration 3:00 PM - Blackjack 6:00 PM - Vist by the Fire	**12** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 12:30 PM - All about Hearing (PD) 1:00 PM - Bible Study with Judy 2:00 PM - Chat with Shane & Stacy 3:00 PM - Cleaning Electronics 6:00 PM - Game Night	**13** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Mexican Train 10:30 AM - Balance 1:00 PM - Happy Hour Set-Up 3:00 PM - Happy Hour with Lee Howard 6:00 PM - Chess	**14** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Craft 3:00 PM - Black Jack 4:00 PM - Scrabble 6:00 PM - Game Night
15 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - BINGO 2:30 PM - National Bundt Cake Day Social 4:00 PM - Mexican Train 4:00 PM - Game Night 6:00 PM - Game Night	**16** 10:00 AM - Scenic Drive 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Walmart 2:30 PM - Manicures 4:00 PM - Mexican Train 6:00 PM - Discussion Night	**17** 3:00 AM - Blackjack 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Scam and Fraud Protection Presentation 4:00 PM - Mexican Train 6:00 PM - Golf	**18** **Mickey Mouse's Birthday** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Writing Group (PD) 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Disneyland Social (AR) 3:00 PM - Blackjack 6:00 PM - Vist by the Fire	**19** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Spa Day with Jo 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Bible Study with Judy 2:00 PM - Annual Staff Turkey Bowling 6:00 PM - Game Night	**20** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Mexican Train 10:30 AM - Balance 1:00 PM - Happy Hour Set-Up 3:00 PM - Happy Hour with the Old Time Fiddlers 6:00 PM - Bridge	**21** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 12:00 PM - Thanksgiving Friends and Family 3:00 PM - Black Jack 4:00 PM - Scrabble 6:00 PM - Game Night
22 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - BINGO 2:30 PM - Autumn Social 4:00 PM - Mexican Train 4:00 PM - Game Night 6:00 PM - Game Night	**23** 10:00 AM - Fred Meyer Trip 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Scenic Drive 1:00 PM - POKENO 2:30 PM - Manicures 4:00 PM - Mexican Train 6:00 PM - Discussion Night	**24** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Fred Meyer 1:30 PM - Craft 4:00 PM - Mexican Train 6:00 PM - Golf	**25** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Writing Group (PD) 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 2:00 PM - Chat with Chef Kellie (AR) 3:00 PM - Blackjack 6:00 PM - Vist by the Fire	**26** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Bible Study with Judy 6:00 PM - Game Night	**27** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Mexican Train 10:30 AM - Balance 1:00 PM - Happy Hour Set-Up 3:00 PM - Happy Hour with Country Jim 6:00 PM - Chess	**28** 8:30 AM - Coffee with Allie - Bring your fur baby! 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - Five Crowns (Cards) 3:00 PM - Black Jack 4:00 PM - Scrabble 6:00 PM - Game Night
29 10:00 AM - Happy Hearts Fitness 10:15 AM - Church Service 10:30 AM - Balance 1:00 PM - BINGO 2:30 PM - National Chocolate Day Social (AR) 4:00 PM - Mexican Train 4:00 PM - Game Night 6:00 PM - Game Night	**30** 10:00 AM - Happy Hearts Fitness 10:30 AM - Balance 1:00 PM - POKENO 2:00 PM - Chat with Medical Team (AR) 2:30 PM - Manicures 4:00 PM - Mexican Train 6:00 PM - Discussion Night	**Locations** Private Dining Room (PD) Activity Room (AR)				

* Activities are subject to change